

### **WEEK ONE – AUTUMN /WINTER MENU**

HUB

(ve) vegan option









Monday	Tuesday	Wednesday	Thursday	Friday
1 slice of Cheese on Toast or ½ Sausage Baguette	1 Sausage Roll or Potato Wedges portion	Cheese and Tomato Pizza Slice or ½ cheese Toasted Sandwich	Pain au Chocolate or Garlic Bread Slice	Half a Bacon Baguette OR 1 slice Cheese on Toast
Mac 'n' Cheese	Sweet Chilli Chicken served with Noodles.	Roast Gammon with gravy	BBQ Chicken and Rice	Battered Chicken Goujons & Chips
Falafel Wrap & Tomato Salsa (Ve)	Sweet Potato & Chickpea Curry (Ve)	Pesto Pasta (Ve)	Quorn Meat Free Meatballs & Tomato Sauce & Pasta (Ve)	Margherita (Ve) or Pepperoni Pizza
Potato Wedges, Sweetcorn, Baked Beans	Bombay Potatoes, Broccoli Baked Beans	Roast Potatoes Carrots & Cauliflower Baked Beans	Herby Diced Potatoes, Green Beans, Baked Beans	Chips, Garden Peas, Baked Beans
Shortbread Biscuit	Lemon Sponge & custard	Chocolate Cheesecake	Cornflake Tart with Custard	Flapjack

AVAILABLE DAILY: Morning Snack, Filled Baked Potatoes, Various Filled Sandwiches or Baguette

Fresh Fruit, Alternative Dessert













## LUNCH Menu

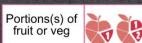
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★R SH	Spicy Vegetarian Curry, White & Wholegrain Rice	Mac 'n' Cheese	Roast Chicken with Gravy	Sausages and Yorkshire Pudding & Gravy	Sustainably Sourced Battered Fish & Chips
EEE	Pesto Pasta (Ve)	<ul><li>Build your Own</li><li>Quorn Cheeseburger</li></ul>	Quorn Meat Free Meatballs & Tomato Sauce & Pasta (Ve)	Cheese & Onion Quiche	Cheese & Tomato Pizza & Chips
	Peas & Carrots, Baked Beans	Diced Potato Green Beans & Sweetcorn Baked Beans, Salad	Roast Potatoes, Savoy Cabbage, Carrots, Baked Beans,	Oven Baked Wedges Peas & Sweetcorn Baked Beans	Peas, Baked Beans,
∰ T JDS	Syrup Sponge and Custard	Homemade Cookie	Lemon Drizzle Cake (ve)	Strawberry Angel Delight or Orange Jelly	Cornflake Tart with Custard

Morning Snack, Filled Baked Potatoes, Various Filled Sandwiches or Baguette

Fresh Fruit, Alternative Dessert













# LUNCH Menu

#### **WEEK THREE – AUTUMN WINTER MENU**

HUB

(Ve) vegan option









Monday	Tuesday	Wednesday	Thursday	Friday
1 slice of Cheese on Toast or ½ Sausage Baguette	1 Sausage Roll or Potato Wedges portion	Cheese and Tomato Pizza Slice or ½ cheese Toasted Sandwich	Pain au Chocolate or Garlic Bread Slice	Half a Bacon Baguette OR 1 slice Cheese on Toast
Build your Own Quorn burger	Chicken Curry White & Wholegrain Rice	Roast Gammon with Gravy	Firecracker Chicken with Noodles	Southern Fried Chicken Goujons & Chips
Cauliflower Cheese & Pasta Bake	Pesto Pasta (Ve)	Cheese & Onion Flan	Pasta With Tomato Sauce & Garlic Bread	Quorn sausages & chips
Diced Potatoes, Sweetcorn, Baked Beans, Salad	Salad, Green Beans, Baked Beans	Roast Potatoes, Carrots, Broccoli, Baked Beans,	Carrots, Cauliflower, Baked Beans	Chips, Garden Peas Baked Beans,
Marble Cake & Custard	Chocolate Cookie	Apple Crumble & Custard	Citrus Cheesecake	Chocolate Angel Delight or Strawberry Jelly

AVAILABLE DAILY: Morning Snack, Filled Baked Potatoes, Various Filled Sandwiches or Baguette

Fresh Fruit, Alternative Dessert

