



## CURRICULUM – Life Skills Autumn Term 2

### Key stage 3 and 4

#### What is being taught?

All years will be exploring life within the home and independent living.

#### How is it being taught?

We will be highlighting what skills are required in order to live independently. We will discuss areas with each student to see the gaps in their knowledge around independence in the home and in turn will build this to meet their needs. We will start by exploring the most efficient way to change a quilt cover. Students will attempt this alone without teacher input to see their capability. We will then explore the most effective way and the quickest technique and then the student will repeat this and see if they are able to beat their previous time.

We will explore the meaning behind wash labels and where we would locate these on clothes and what impact that would have when having to wash the clothes themselves. Students will discuss this initially and guess what each wash label would mean and then we will check to see if all answers are correct. The more able students would have a discussion about the impact on a higher wash on clothes but also why we would wash bedding and towels on a higher wash as well. I am aiming for students to use the information from the previous lesson on wash labels and use this to inform them on whether or not they can iron some of the pieces of clothing that have been provided. I am for all students to watch a video on how to iron by a famous 'Youtuber' so they have a starting point, followed by students using the iron in lessons. The more able students have a blouse to iron and the less able students have a cotton t – shirt, the students who want a little challenge have a long sleeved top with a print on the front so they know how to iron this without melting the print.