



## Relationship & Sex Education – 5 year plan

Families

Law

Physical & mental health

Year 7	Year 8	Year 9	Year 10	Year 11
Close family	Extended Family	Long term relationships	Friends	Sexual relationships
Online media	Sexual relationships	Sexual health	Personal safety	Basic first aid
Substance misuse	Gender identity	FGM	Hate crime	Gender identity groups
Gang	Laws	Sharing images	Law	Drugs
Mental health	Physical health	Alcohol & smoking	Mental health - adolescent to adulthood	Health prevention
Body changes	Basic first aid	General Health	Setting a positive mind set	The wider world