

RMA Curriculum statements 2025 – 26

Subject	Physical Education
Key Stages /Years	KS3 & KS4

Intent	Implementation	Impact
At Riverside Meadows Academy we strive to inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. Providing opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities to build character and help to embed values such as fairness and respect. Our curriculum enables pupils to develop their physical abilities, learn about healthy lifestyles and develop skills and attributes that support progress with their SEMH needs. P.E lessons develop pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It promotes physical skilfulness, physical development and knowledge of the body in action. PE provides opportunities	P.E begins with introducing pupils to different activities, joining in together with activities without conflict and progressing to playing in a team situation, co-operative play as well as competitive play. Positive teamwork, coping with winning and losing. As the pupils' progress through school, they are introduced to more activities, skills and rules. At Key Stage 4 pupils are given the opportunity to try different activities and gain qualifications if chosen as an option. PE experiences are focussed to enhance learning and participation as well as turn taking, sharing and working together as well as competing. A wide range of activities are provided, so every pupil can find	Pupils learn how to think in different ways to suit a wide variety of creative and challenging activities. They learn how to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness. Through this, process pupils discover their aptitudes, abilities and preferences and make choices about how to go further in their education and or to get involved in lifelong physical activities. Pupils are supported to have access to appropriate PE qualifications in KS4 such as BTEC level 1 or 2 or GCSE P.E.

for pupils to be creative, competitive and to face different challenges as individuals and in groups or teams. It promotes positive attitudes towards active and healthy lifestyles and provides our pupils with the necessary knowledge of how to improve their own health and well-being as well as an understanding of the skills required and rules to follow in a variety of activities.	a place for their individual strengths. A variety of activities are taught to learn about managing emotions involved in both winning and losing and 'fair play'. Demonstrations and modelling take place in lessons and skill circuits demonstrate improvements made. Coaching peers shows understanding of the skills required and an understanding of the rules.	
Enrichment	Representing the school in various team or individual activities. Taking part in Sports Day. Participating with others during enrichment times.	